

The Community Eligibility Provision (CEP) is a provision from the Healthy, Hunger-Free Kids Act of 2010 that allows schools and local educational agencies (LEAs) with high poverty rates to provide free breakfast and lunch to all students. CEP eliminates the burden of collecting household applications to determine eligibility for school meals, relying instead on information from other means-tested programs such as the Supplemental Nutrition Assistance Program and Temporary Assistance for Needy Families.



Federal Afterschool Supper Program
Oct. 2015-May 2016

Federal Reimbursement	\$53,088.69
Number of Sites HS & MS	2
Total Suppers Served	15,027

Afterschool Supper is offered daily Monday-Thursday at the Middle School from 3:00-3:30 and at the High School 2:45-3:30. This is a free meal to all students 18 years or younger.

### GRANT COUNTY SCHOOLS

**Elementary Physical Activity Report** 

//	Minutes Per Week (Grades 1-5)			
School/Year	PE	Structured Physical Activity	Take 10	Total
DRE 2016-2017	40	20x5=100	Not Required	145
MCE 2016-2017	90	15x5=75	Not Required	165
		100		1
CMZ 2016-2017	50	10x5=50	Not Required	100
	7		-	
SES 2013-2014	50	20x5=100	Not Required	150



Grant County Middle School receives 225 minutes of Physical Education a week for nine weeks except individuals in band and intervention programs.

Grant County High School; Students are only required to take one PE class to graduate. Physical Education class is 70 minutes a day for 45 days. Some students receive Physical Education through the ROTC Program.

### GRANT COUNTY

Nutrition & Physical Activity Report Card 2017

## **1GREAT TRAY**



# Square up for a complete meal

The Grant County Schools are dedicated to serving nutritious meals and providing multiple physical activity opportunities as a means of helping our students reach proficiency.

#### **National School Lunch**

The National School Lunch Program (NSLP) was conceived in 1946 as a "measure of national security to safeguard the health and well-being of the Nation's children." School districts receive federal reimbursement for each school lunch served that meets the United States Department of Agriculture nutrition guidelines. These guidelines promote meal quality while commodity allocations help the farmer and help schools keep down meal prices.

School meals offer students milk, fruits and vegetables, proteins and grains, and they must meet strict limits on saturated fat and portion size.

Starting in School Year 2012-2013, school lunches will meet additional standards through the Healthy Hungry Free Kids Act

Breakfast K-5 (350-500calories); 6-8 (400-550calories); 9-12 (450-600calories)

550calories); 9-12 (450-600calories) Lunch; K-5 (550-650calories); 6-8 (600-700calories); 9-12 (750-850 calories)

Larger servings of vegetables and fruits (students must take at least one serving of fruit or vegetable)
A wider variety of vegetables, including dark green and red/orange vegetables and legumes
Fat-free or 1% milk (flavored milk must be fat-free)
100% of grains must bet be Whole Grain.
Grant County Food Service has also eliminated trans fats and working on reducing sodium.

School Breakfast
The School Breakfast Program

(SBP) was established in 1966. School districts receive federal reimbursement for each school breakfast served that meets the U.S. Department of Agriculture's nutrition guidelines.

Studies show that children who participate in the School Breakfast Program have significantly higher standardized achievement test scores than non-participants. Children with access to school breakfast also have significantly reduced absence and tardiness rates.

The table below reflects information from August 2015-May 2016

Federal Reimbursement Received	\$1,704,254.37
Total Breakfast Served	283,706
Total Lunches Served	496,850
# of Students Approved For Free Meals for HS/MS	63%
# of Students Approved For Reduced Meals for HS/MS	6%
# of Students Paid Status HS/MS	31%
Average Breakfast Participation for all schools	45%
Average Lunch Participation for all schools	78%



# Federal Summer Food Service Program for Children

June 2016-July 2016

Federal Reimbursement	\$34,729.76
Number of Sites	10
Total Breakfasts Served	1111
Total Lunches Served	8641



K-5		
	Target	Average
Calories	550-650	641
Saturated Fat	<10 %	7.34
Sodium	1230mg	1074

6-8		
100	Target	Average
Calories	600-700	683
Saturated Fat	<10 %	7.9
Sodium	1360 mg	1273

9-12		
	Target	Average
Calories	<b>750-</b> 850	789
Saturated Fat	<10 %	8.55
Sodium	1420mg	1414

A list of all food and beverage items available to students during the day can be downloaded from the OVEC website which is: www.ovec.org.